

## President's Message January 27, 2022

The first month of 2022 is drawing to a close. I believe we are all hoping that we're seeing the last of the pandemic as Omicron continues to challenge the world.

I want to say a heart felt thank you to:

- Members for adhering to the vaccine/mask/social distance protocols that are helping keep everyone safe from this highly infectious variant.
- Everyone for the books and puzzles being brought in, to help give all of us something to do.
- Instructors, class participants and clubs who continue to come in to SEESA to be together and stay active.

I look forward to re-opening Tillie's Café when we feel it is safe to do so.

SEESA members who participated in a class, club, FYI session or any other type of event or informal gathering at SEESA during 2021 will get a short **online survey** this week. The survey results are needed for SEESA's application for the 2022 Senior Centre Investment Program (SCIP) operating grant. Senior centres may receive up to 25% of eligible operating expenses to a maximum of \$250,000. In 2021 SEESA received approximately \$150,000.00 from this grant.

The purpose of the survey is to report to the City of Edmonton how participating at SEESA helps meet the City's six determinants of healthy aging:

- Social Environment and Engagement: Helping seniors reduces our risk of loneliness and isolation.
- Safety and Security: Increasing our capacity to maintain personal safety and security
- Physical and Mental Health: Increasing our capacity to live independently by keeping healthy
- Personal Well Being: Increasing our sense of meaning, purpose and connection to the larger world.
- Social Support: Increasing our access to information, programs, services, and support to manage activities of daily living.
- Physical Environment: Increasing our ability to live in a place that's appropriate for our circumstances.

The survey is very short (six questions). All answers are confidential and it needs to be complete by **Monday February 7, 2022**. SEESA needs your survey answers to apply for this very important funding.

***NOTE: SEESA s 2021 Annual General Meeting will be held on Tuesday, March 9, 2022. We look forward to seeing you.***

Be sure to renew your 2022 membership so you can participate. You can do this by clicking [here](#), or by calling the front desk at 780-468-1985.

Warmest Regards,  
***JudyLynn Archer***